

PSAC Women's Soccer Player and Coach of the Year Award Winners

2009

East Coach: Betty Ann Kempf Townsley, West Chester

West Coach: Al Alvine, California

East Athlete: Kelly Modes, Bloomsburg

West Athlete: Amanda Heister, California

East Freshman: Lyndsie Bernardini, West Chester

West Freshman: Tenyka Francique, Gannon

2008

East Coach: Sandy Dickson, Bloomsburg

West Coach: Colin Petersen, Gannon

East Athlete: Lauren Boyer, West Chester

West Athlete: Courtney Rowan, Gannon

East Freshman: Chelsea Bressler, Kutztown

West Freshman: Amanda Sharbaugh, Gannon

2007

East Coach: Rob Berkowitz, East Stroudsburg

West Coach: Gary Kagiavas, Edinboro

East Athlete: Brittany Staub, East Stroudsburg

West Athlete: Megan McGrath, Slippery Rock

East Rookie: Sarah Oswald, West Chester

West Rookie: Lauren Mizik, IUP

2006

East Coach: Gerry Lucey, West Chester

West Coach: Adel Heder, IUP

East Athlete: Casey McKinney, West Chester

West Athlete: Sarah Romasco, IUP

East Rookie: Gayle Kuntzmann, Shippensburg

West Rookie: Sarah Romasco, IUP

2005

East Coach: Tara Koleski, West Chester

West Coach: Gary Kagiavas, Edinboro

East Athlete: Casey McKinney, West Chester

West Athlete: Julie Kirwin, Slippery Rock

East Rookie: Lauren Boyer, West Chester

West Rookie: Ashley Jones, Edinboro

2004

East Coach: Jeff Schellenberger, Kutztown

West Coach: Adel Heder, IUP

East Athlete: Casey McKinney, West Chester

West Athlete: Sarah Arsenaault, Slippery Rock

East Rookie: Kim Kelty, Kutztown

West Rookie: Ashley Pulman, Edinboro

2003

Coach: Noreen Herlihy, Slippery Rock

Athlete: Sarah Arsenaault, Slippery Rock

Rookie: Meghan McGrath, Slippery Rock

2002

Coach: Guy Furfaro, Shippensburg

Athlete: Brooke Rangi, Lock Haven

Rookie: Meredith Yakscoe-Markle, Shippensburg

2001

Coach: Gary Kagiavas, Edinboro

Athlete: Justina Woolf, East Stroudsburg

Rookie: Sarah Arsenaault, Slippery Rock

2000

Coach: Peter Campbell, Lock Haven

Athlete: Alea Balthaser, Bloomsburg

Rookie: Naomi Clarke, Lock Haven

1999

Coach: Peter Campbell, Lock Haven

Athlete: Georgina Adams, Lock Haven

Rookie: Renee Williams, Bloomsburg

1998

Coach: Sandy Dickson, Bloomsburg

Athlete: Alea Balthaser, Bloomsburg

Rookie: Alea Balthaser, Bloomsburg

1997

Coach: Derek Arneaud, East Stroudsburg

Athlete: Terri Meierhofer, East Stroudsburg

Rookie: Justina Woolf, East Stroudsburg

1996

Coach: Noreen Herlihy, Slippery Rock

Athlete: Kelly Conn, Bloomsburg

East Rookie: Heather Allgyer, West Chester

West Rookie: Georgina Adams, Lock Haven

1995

Coach: Chuck Laudermilch, Bloomsburg

Athlete: Amy Peterson, IUP

Rookie: Lynn Ashton, Lock Haven

1994

Coach: Jerry Sheska, East Stroudsburg

Athlete: Amy Peterson, IUP

Rookie: Terri Meierhofer, East Stroudsburg

2009 All-PSAC East Women's Soccer Team

First Team

Forward

Chelsea Bressler*	Kutztown	So.	Cleona, Pa./Annville-Cleona
Lindsay Foder^	East Stroudsburg	Jr.	Saylorsburg, Pa./Pleasant Valley
Gayle Kuntzmann**	Shippensburg	Sr.	Hatboro, Pa./Hatboro-Horsham
Sarah Oswald**	West Chester	Jr.	MaCungie, Pa./Emmaus

Midfielder

Jess Bennett	West Chester	Jr.	Littlestown, Pa./Gettysburg
Kelly Modes***	Bloomsburg	Sr.	Langhorne, Pa./Neshaminy
Sam Paolino	West Chester	Sr.	Landenberg, Pa./Avon Grove
Shannon Pennock	Kutztown	So.	Mansfield, N.J./North Burlington

Back

Carly Collins	East Stroudsburg	Fr.	Monroe, N.Y./Monroe-Woodbury
Chelsea Deeter**	Kutztown	Jr.	Langhorne, Pa./Neshaminy
Tara Malkiewicz	West Chester	So.	Forked River, N.J./Lacey Twp.
Cindi Nickels	West Chester	Jr.	Baltimore, Md./Eastern Tech

Goalkeeper

Lyndsie Bernardini	West Chester	Fr.	Elmer, N.J./A.P. Schalick
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Second Team

Forward

Kailyn Buckley^	East Stroudsburg	Jr.	Wilmington, Del./Brandywine
Sarah Cameron	Millersville	Sr.	Middletown, Pa./Middletown
Sam Fox	Bloomsburg	Fr.	Southampton, Pa./William Tennet
Jen Hutchinson	West Chester	Fr.	Levittown, Pa./Neshaminy

Midfielder

Natalie Adams*	Mansfield	So.	Wilkes-Barre, Pa./Holy Redeemer
Devon Miniscalco	East Stroudsburg	So.	Churchville, Pa./Council Rock South
Olivia Taylor^^	Millersville	Jr.	Dillsburg, Pa./Northern
Crystal Zerbe	East Stroudsburg	Fr.	Myerstown, Pa./Tulpehocken

Back

Brittany Oncay^^	Shippensburg	Sr.	Newark, Del./St. Mark's
Katie Parsnik	Mansfield	Sr.	Wilkes-Barre, Pa./Coughlin
Kristine Preski**	Bloomsburg	Jr.	Pottstown, Pa./Owen J. Roberts
Kelly Rozembersky	Kutztown	Fr.	Roxbury, N.J./Roxbury

Goalkeeper

Frances Nicoletti	Bloomsburg	So.	Haddonfield, N.J./Haddonfield
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PSAC East Athlete of the Year

Kelly Modes	Bloomsburg	Sr.	Langhorne, Pa./Neshaminy
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PSAC East Freshman of the Year

Lyndsie Bernardini	West Chester	Fr.	Elmer, N.J./A.P. Schalick
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PSAC East Coach of the Year

Betty Ann Kempf Townsley	West Chester
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* Indicates previous All-PSAC first team selection

^ Indicates previous All-PSAC second team selection

2009 All-PSAC West Women's Soccer Team

First Team

Forward

Rachel Dahlstrand	Edinboro	Jr.	Erie, Pa./McDowell
Amanda Heister^^^	California	Sr.	Palmyra, Pa./Northern Lebanon
Taylor Hilinski*	Mercyhurst	Sr.	Erie, Pa./Harborcreek
Sarah Romasco***	IUP	Sr.	Freedom, Pa./Ambridge

Midfielder

Allison Keller^	IUP	Jr.	Exton, Pa./Downingtown
Jamie Laturell	Mercyhurst	Sr.	Mentor, Ohio/Lake Catholic
Sam Regney	California	Jr.	Monaca, Pa./Monaca
Amanda Sharbaugh*	Gannon	So.	Sarver, Pa./Knoch

Back

Lauren Mizik^^	IUP	Jr.	Irwin, Pa./Hempfield
Laura Piazza*	Gannon	Sr.	Brampton, Ont./Cardinal Leger S.S.
Jamie Schroter*	Mercyhurst	Jr.	Mississauga, Ont./Cawthra Park
Caitlyn Slattery*	Lock Haven	Jr.	Williamsport, Pa./UMBC

Goalkeeper

Kelly Brennan^	IUP	So.	Middletown, Pa./Middletown
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Second Team

Forward

Tenyka Francique	Gannon	Fr.	Brampton, Ont./International
Arielle Gordon^	Lock Haven	Jr.	Ephrata, Pa./Ephrata
Alison Hindley^	Slippery Rock	Jr.	Cheshire, England/Culcheth
Heather Robbins^	IUP	So.	Frederica, Del./Polytech

Midfielder

Alissa Gamelier	Lock Haven	Jr.	Cranberry Twp., Pa./Seneca Valley
Jess Morgan	Edinboro	So.	South Park, Pa./South Park
Heather Weismiller	Edinboro	Sr.	McKean, Pa./General McLane
Carley Work	California	Fr.	Hopewell, Pa./Hopewell

Back

Alexis Chiani*	Slippery Rock	Sr.	Oakridge, N.J./Jefferson Twp.
Kayla Klimasko	California	So.	Mississauga, Ont./Woodlands Secondary
Melisa Sharek	Slippery Rock	Sr.	Apollo, Pa./Kiski
Jamie Warren	Edinboro	So.	North Huntingdon, Pa./Norwin

Goalkeeper

Paula Jackson	California	So.	Kingston, Jamaica/Wolmer's Trust
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PSAC West Athlete of the Year

Amanda Heister	California	Sr.	Palmyra, Pa./Northern Lebanon
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PSAC West Freshman of the Year

Tenyka Francique	Gannon	Fr.	Brampton, Ont./International
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PSAC West Coach of the Year

Al Alvine	California
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* Indicates previous All-PSAC first team selection

^ Indicates previous All-PSAC second team selection

2008 All-PSAC East Women's Soccer Team

First Team

Forward

Chelsea Bressler	Kutztown	Fr.	Cleona, Pa./Annville-Cleona
Lynda Hicks*	East Stroudsburg	Sr.	Saylorsburg, Pa./Pleasant Valley
Gayle Kutzmann^*	Shippensburg	Jr.	Hatboro, Pa./Hatboro-Horsham
Sarah Oswald*	West Chester	So.	MaCungie, Pa./Emmaus

Midfielder

Natalie Adams	Mansfield	Fr.	Wilkes-Barre, Pa./Holy Redeemer
Janel Cleffi^*	East Stroudsburg	Sr.	Succasunna, N.J./Roxbury
Kelly Modes**	Bloomsburg	Jr.	Langhorne, Pa./Neshaminy
Brittany Yetter***	West Chester	Sr.	Douglassville, Pa./Bensalem

Back

Lauren Boyer***	West Chester	Sr.	Mechanicsburg, Pa./Cumberland Valley
Chelsea Deeter**	Kutztown	So.	Langhorne, Pa./Neshaminy
Kristine Preski*	Bloomsburg	So.	Pottstown, Pa./Owen J. Roberts
Tara Takac	East Stroudsburg	Sr.	South River, N.J./South River

Goalkeeper

Beth Long^	Shippensburg	Sr.	Berwyn, Pa./Conestoga
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Second Team

Forward

Ashley Brucker	Bloomsburg	Sr.	Blairstown, N.J./North Warren
Amanda Greenawalt^	Shippensburg	So.	Landisville, Pa./Hempfield
Lyndi Keiser^^	Mansfield	Sr.	Mechanicsburg, Pa./Mechanicsburg
Kelsey Stoka	Bloomsburg	So.	Langhorne, Pa./Neshaminy

Midfielder

Lindsay Foder	East Stroudsburg	So.	Saylorsburg, Pa./Pleasant Valley
Lauren Hess*	Bloomsburg	Sr.	East Greenville, Pa./Upper Perkiomen
Olivia Taylor^	Millersville	So.	Dillsburg, Pa./Northern
Jen Tice^	Kutztown	So.	Barnegat, N.J./Southern Regional

Back

Angela Brown*	Bloomsburg	Sr.	Sparta, N.J./Sparta
Samantha Korczynowski	Millersville	So.	Blandon, Pa./Fleetwood
Brittany Oncay^	Shippensburg	Jr.	Newark, Del./St. Mark's
Emily Palombo^	West Chester	Sr.	Pennington, N.J./Hopewell Valley Central

Goalkeeper

Janine Turcio*	East Stroudsburg	Sr.	LaGrangeville, N.Y./Arlington
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PSAC East Athlete of the Year

Lauren Boyer	West Chester	Sr.	Mechanicsburg, Pa./Cumberland Valley
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PSAC East Rookie of the Year

Chelsea Bressler	Kutztown	Fr.	Cleona, Pa./Annville-Cleona
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PSAC East Coach of the Year

Sandy Dickson	Bloomsburg
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* Indicates previous All-PSAC first team selection

^ Indicates previous All-PSAC second team selection

2008 All-PSAC West Women's Soccer Team

First Team

Forward

Ashley Paganie	Slippery Rock	So.	Ambridge, Pa./Ambridge
Sarah Powell	Mercyhurst	Sr.	McKean, Pa./General McLane
Sarah Romasco**	IUP	Jr.	Freedom, Pa./Ambridge
Amanda Sharbaugh	Gannon	Fr.	Sarver, Pa./Knoch

Midfielder

Lindsey Blessing	Lock Haven	Sr.	Fredericksburg, Pa./Northern Lebanon
Elise Falatach	Edinboro	Sr.	Bay Village, Ohio/Bay
Christina Rehnert	Mercyhurst	Sr.	Fairview Park, Ohio/Fairview
Courtney Rowan	Gannon	Sr.	Mentor, Ohio/Notre Dame-Cathedral Latin

Back

Ashley Jones***	Edinboro	Sr.	Erie, Pa./Fairview
Laura Piazza	Gannon	Jr.	Brampton, Ont./Cardinal Leger S.S.
Jamie Schroter	Mercyhurst	So.	Mississauga, Ont./Cawthra Park
Caitlyn Slattery	Lock Haven	So.	Williamsport, Pa./UMBC

Goalkeeper

Erin Cook*	California (Pa.)	Sr.	Pittsburgh, Pa./Penn Hills
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Second Team

Forward

Amanda Heister^^	California (Pa.)	Jr.	Palmyra, Pa./Northern Lebanon
Taylor Hilinski	Mercyhurst	Jr.	Erie, Pa./Harborcreek
Alison Hindley	Slippery Rock	So.	Cheshire, England/Culcheth
Heather Robbins	IUP	Fr.	Frederica, Del./Polytech

Midfielder

Allison Keller	IUP	So.	Exton, Pa./Downingtown
Katie Powell	California (Pa.)	Sr.	Bentleyville, Pa./Charleroi
Chelsea Sneed	Slippery Rock	Fr.	Estero, Fla./Estero
Karla Vogt	Mercyhurst	Jr.	Erie, Pa./Mercyhurst Prep

Back

Dana Kiger*	Slippery Rock	So.	Cincinnati, Ohio/Colerain
Shelly Regner	Slippery Rock	Sr.	Darlington, Pa./Blackhawk
Kayla Klimasko (tie)	California (Pa.)	Fr.	Mississauga, Ont./Woodlands Secondary
Lauren Mizik (tie)^	IUP	So.	Irwin, Pa./Hempfield
Rebecca Waterhouse (tie)^	Clarion	Jr.	Girard, Pa./Girard

Goalkeeper

Kelly Brennan	IUP	Fr.	Middletown, Pa./Middletown
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PSAC West Athlete of the Year

Courtney Rowan	Gannon	Sr.	Mentor, Ohio/Notre Dame-Cathedral Latin
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PSAC West Rookie of the Year

Amanda Sharbaugh	Gannon	Fr.	Sarver, Pa./Knoch
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PSAC West Coach of the Year

Colin Petersen	Gannon
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* Indicates previous All-PSAC first team selection

^ Indicates previous All-PSAC second team selection

**Pennsylvania State Athletic Conference
2007 East All-PSAC Women's Soccer Team**

Athlete of the Year - Brittany Staub (E. Stroudsburg)

Rookie of the Year - Sarah Oswald (West Chester)

Coach of the Year - Rob Berkowitz (E. Stroudsburg)

FIRST TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School or Previous School
GK		Janine Turcio	E. Stroudsburg	Jr	LaGrangeville, N.Y./Arlington
F		Lynda Hicks	E. Stroudsburg	Jr	Saylorsburg/Pleasant Valley
F	06 ¹ 05 ¹ 04 ¹	Kim Kelty	Kutztown	Sr	Levittown/Neshaminy
F		Sarah Oswald	West Chester	Fr	Macungie/Emmaus
F	06 ¹ 05 ¹	Brittany Yetter	West Chester	Jr	Bensalem/Bensalem
MF	06 ²	Janel Cleffi	East Stroudsburg	Jr	Succasunna, N.J./Roxbury
MF	04 ¹	Lauren Hess	Bloomsburg	Sr	East Greenville/Upper Perkiomen
MF	06 ¹	Kelly Modes	Bloomsburg	So	Langhorne/Neshaminy
MF		Christine Thurwanger	West Chester	Fr	Downingtown/Downingtown West
D	06 ¹ 05 ¹	Lauren Boyer	West Chester	Jr	Mechanicsburg/Cumberland Valley
D		Chelsea Deeter	Kutztown	Fr	Langhorne/Neshaminy
D		Kristine Preski	Bloomsburg	Fr	Pottstown/Owen J. Roberts
D	06 ¹ 05 ¹ 04 ¹	Brittany Staub	East Stroudsburg	Sr	Levittown/Neshaminy

SECOND TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School
GK		Beth Long	Shippensburg	Jr	Berwyn/Conestoga
F		Meg Donlon	Bloomsburg	Fr	Randolph/Randolph
F		Amanda Greenawalt	Shippensburg	Fr	Landisville/Hempfield
F	06 ¹	Gayle Kuntzmann	Shippensburg	So	Hatboro/Hatboro-Horsham
F	06 ² 05 ²	Lyndi Keiser	Mansfield	Jr	Mechanicsburg/Mechanicsburg
MF		Kailyn Buckley	E. Stroudsburg	Fr	Wilmington, Del./Brandywine
MF		Diana Hopper	Kutztown	So	New York, N.Y./Ramapo
MF	06 ¹ 05 ¹	Lauren Ginnona	West Chester	Sr	Spring City/O.J. Roberts
MF		Jen Tice	Kutztown	Fr	Barnegat, N.J./Southern Regional
D	06 ²	Eileen Alexander	Bloomsburg	So	East Northport, N.Y./Commack
D		Emily Palombo	West Chester	So	Hopewell, N.J./Hopewell Valley Central
D		Mallory Skipp	Shippensburg	Sr	Exton/Henderson
D		Olivia Taylor	Millersville	Fr	Dillsburg/Northern

Pennsylvania State Athletic Conference 2007 West All-PSAC Women's Soccer Team

Athlete of the Year - Megan McGrath (Slippery Rock)

Rookie of the Year - Lauren Mizik (IUP)

Coach of the Year - Gary Kagiavas (Edinboro)

FIRST TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School or Previous School
GK		Erin Cook	California	So	Pittsburgh/Penn Hills
F	06 ¹ 05 ¹	Angie de Almeida	Edinboro	Sr	Gibsonia/Pine-Richland
F	06 ¹ 05 ²	Danielle Cooper	Slippery Rock	Jr	Lancs, England/East Durham Academy/Prep
F	05 ¹ 04 ¹	Ashley Pulman	Edinboro	Sr	LaSalle, ONT/Sandwich Secondary
F	06 ¹	Sarah Romasco	IUP	So	Freedom/Ambridge
MF	05 ²	Michelle Ewig	California	Jr	Canonsburg/Canon McMillan
MF	06 ²	Mary Grebenc	Edinboro	Sr	Strongsville, Ohio/Strongsville
MF	06 ¹ 05 ¹ 03 ¹	Megan McGrath	Slippery Rock	Jr	Vernon, N.J./Vernon
MF	06 ¹ 05 ²	Brittany Pikur	IUP	Sr	Gibsonia/Pine-Richland
D		Alexis Chiani	Slippery Rock	So	Oakridge, N.J./Jefferson Twp
D	06 ¹ 05 ¹	Ashley Jones	Edinboro	Jr	Fairview/Fairview
D		Dana Kiger	Slippery Rock	Fr	Cincinnati, Ohio/Colerain
D	05 ²	Lynnette Reitz	Lock Haven	Sr	Montoursville/Montoursville

SECOND TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School
GK	06 ²	Jess Reed	Clarion	Sr	McClure/Lewistown
(tie)	05 ²	Emily Wagner	Lock Haven	Sr	Brick, N.J./Brick Twp
F		Arielle Gordon	Lock Haven	Fr	Ephrata/Ephrata
F	06 ²	Amanda Heister	California	So	Palmyra/Northern Lebanon
F	05 ¹	Colleen Kafka	Lock Haven	Sr	Candor, N.Y./Candor
F		Melissa Kornock	IUP	Fr	Hatfield/North Penn
MF		Kara Ciacchini	Edinboro	Sr	Erie/McDowell
MF		Kyleigh Roth	Lock Haven	Sr	Elysburg/Southern Cambria
MF	06 ²	Rebekah Stonecypher	Lock Haven	Jr	Johnstown/Westmont Hilltop
MF	06 ² 05 ¹ 04 ¹	Jaimi Wilson	Slippery Rock	Sr	Cambria, England/E. Durham & Houghall
D		Lauren Mizik	IUP	Fr	Irwin/Hempfield
D	06 ¹ 05 ¹	Janel Paffie	IUP	Sr	State College/State College
D	06 ²	Rebecca Waterhouse	Clarion	So	Girard/Girard
D		Jennifer Wise	California	Jr	Spring Mills/Penns Valley

**Pennsylvania State Athletic Conference
2006 West All-PSAC Women's Soccer Team**

Athlete of the Year - Sarah Romasco (IUP)

Rookie of the Year - Sarah Romasco (IUP)

Coach of the Year - Adel Heder (IUP)

FIRST TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School or Previous School
GK		Becky Dillard	IUP	Sr	Pittsburgh/Baldwin
F	05 ¹	Angie de Almeida	Edinboro	Jr	Gibsonia/Pine-Richland
F	05 ²	Danielle Cooper	Slippery Rock	So	Lancs, England/East Durham Academy/Prep
F	03 ² , 04 ¹ , 05 ²	Crystal Heder	IUP	Sr	Vandergrift/Kiski Area
F		Sarah Romasco	IUP	Fr	Freedom/Ambridge
MF	04 ¹ , 05 ²	Holly Homsher	Lock Haven	Sr	Millersville/Penn Manor
MF	03 ¹ , 05 ¹	Meghan McGrath	Slippery Rock	Jr	Vernon, N.J./Vernon
MF	05 ²	Brittany Pikur	IUP	Jr	Gibsonia/Pine-Richland
MF	05 ¹	Shana Speese	IUP	Jr	Etters/Red Land
D		Kelly Blake	Slippery Rock	Sr	Harriman, N.Y./Monroe Woodbury
D	05 ¹	Ashley Jones	Edinboro	So	Fairview/Fairview
D	05 ¹	Janel Paffie	IUP	Jr	State College/State College
D	05 ²	Lynnette Reitz	Lock Haven	Jr	Montoursville/Montoursville

SECOND TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School
GK		Jess Reed	Clarion	Jr	McClure/Lewistown
F		Tessa Babik	California	Sr	St. Mary's/St. Mary's
F		Amanda Heister	California	So	Palmyra/Northern Lebanon
F		Rayannin Schreiner	IUP	Fr	Richboro/Council Rock North
F		Diane Wall	Lock Haven	Sr	Green Lane/Pennridge
MF	03 ² , 04 ¹ , 05 ¹	Erin Falce	IUP	Sr	Duncansville/Hollidaysburg
MF		Mary Grebenc	Edinboro	Jr	Strongsville, Ohio/Strongsville
MF		Caitlin Martz	Lock Haven	Sr	Plum/Plum
MF	04 ¹ , 05 ¹	Jaimi Wilson	Slippery Rock	Jr	Cambria, England/E. Durham & Houghall
D		Elysse Dluhos	IUP	Fr	Glenshaw/Shaler
D		Kristine Haug	Slippery Rock	So	Leknes, Norway/Vestvagoy Videregaende
D		Bekah Stonecypher	Lock Haven	So	Johnstown/Westmont Hilltop
D		Rebecca Waterhouse	Clarion	Fr	Girard/Girard

**Pennsylvania State Athletic Conference
2006 East All-PSAC Women's Soccer Team**

Athlete of the Year - Casey McKinney (West Chester)

Rookie of the Year - Gayle Kuntzmann (Shippensburg)

Coach of the Year - Gerry Lucey (West Chester)

FIRST TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School or Previous School
GK		Karrine Riggins	Millersville	Jr	Millersville/Penn Manor
F	03 ¹ , 04 ¹ , 05 ¹	Julie Karcher	West Chester	Sr	Hatboro/Upper Moreland
F	04 ¹ , 05 ¹	Kim Kelty	Kutztown	Jr	Levittown/Neshaminy
F		Gayle Kuntzmann	Shippensburg	Fr	Hatboro/Hatboro-Horsham
F	05 ¹	Brittany Yetter	West Chester	So	Bensalem/Bensalem
MF	05 ¹	Lauren Ginnona	West Chester	Jr	Spring City/O.J. Roberts
MF	05 ²	Jessie Heller	West Chester	Sr	Honey Brook/Twin Valley
MF		Kelly Modes	Bloomsburg	Fr	Langhorne/Neshaminy
MF		Elma Numerato	West Chester	Sr	Audubon/Methacton
D	05 ¹	Lauren Boyer	West Chester	So	Mechanicsburg/Cumberland Valley
D	04 ¹ , 05 ¹	Casey McKinney	West Chester	Sr	Dillsburg/Northern
D	04 ¹ , 05 ¹	Brittany Staub	East Stroudsburg	Jr	Levittown/Neshaminy
D		Shelby Varone	Kutztown	Sr	Bernville/Tulpehocken

SECOND TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School
GK	05 ²	Hilary Smart	West Chester	So	Enola/Cumberland Valley
F		Melissa Cameron	Millersville	Sr	Middletown/Middletown
F		Charlene Conklin	East Stroudsburg	Sr	East Greenville/Upper Perkiomen
F		Rachael Jeffrey	Shippensburg	Fr	Allison Park/Hampton
F	05 ²	Lyndi Keiser	Mansfield	So	Mechanicsburg/Mechanicsburg
MF		Cheyenne Brunner	Kutztown	So	Subury/Shikellamy
MF		Janel Cleffi	East Stroudsburg	So	Succasunna, N.J./Roxbury
MF		Katie Masterson	Shippensburg	Fr	Harrisburg/Central Dauphin
MF		Alex Totino	Bloomsburg	Sr	Port Jefferson Station, N.Y./Sachem North
D		Eileen Alexander	Bloomsburg	Fr	East Northport, N.Y./Commack
D		Alex Butler	Kutztown	So	Montoursville/Montoursville
D	04 ² , 05 ²	Desiree Boris	Mansfield	Sr	Wilkes-Barre/Coughlin
D		Brittany Oncay	Shippensburg	Fr	Newark, Del./St. Mark's

**Pennsylvania State Athletic Conference
2005 West All-PSAC Women's Soccer Team**

Athlete of the Year - Julie Kirwan (Slippery Rock)

Rookie of the Year - Ashley Jones (Edinboro)

Coach of the Year - Gary Kagiavas (Edinboro)

FIRST TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School or Previous School
GK		Jen McCormick	Slippery Rock	Fr	Maplewood, N.J./Columbia
F		Angie de Almeida	Edinboro	So	Gibsonia/Pine-Richland
F		Colleen Kafka	Lock Haven	So	Candor, N.Y./Candor
F	04 ¹	Ashley Pulman	Edinboro	So	Lasalle, ONT/Sandwich Secondary
F		Shana Speese	IUP	Jr	Etters/Red Land
MF	03 ² , 04 ¹	Erin Falce	IUP	Jr	Duncansville/Holidaysburg
MF	04 ²	Julie Kirwan	Slippery Rock	Sr	Co. Wexford, Ireland/F.C.J. Secondary
MF	04 ²	Monica Mangual	Lock Haven	Sr	Kendall Park, N.J./South Brunswick
MF	03 ¹	Meghan McGrath	Slippery Rock	So	Vernon, N.J./Vernon
D	04 ¹	Melissa Alonzo	Clarion	Sr	Wichita Falls, Texas/Notre Dame Catholic
D		Ashley Jones	Edinboro	Fr	Fairview/Fairview
D		Janel Paffie	IUP	So	State College/State College
D	04 ¹	Jaimi Wilson	Slippery Rock	So	Cambria, England/E. Durham & Houghall

SECOND TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School
GK		Emily Wagner	Lock Haven	So	Brick, N.J./Brick Township
F		Danielle Cooper	Slippery Rock	Fr	Lancs, England/East Durham Academy
F		Michelle Ewig	California	So	Canonsburg/Canon-McMillan
F	03 ² , 04 ¹	Crystal Heder	IUP	Jr	Vandergrift/Kiski Area
F		Sarah Mangiarelli	Slippery Rock	So	Warren, Ohio/Howland
MF	04 ²	Elise Falatach	Edinboro	So	Bay Village, Ohio/Bay
MF	04 ¹	Holly Homsher	Lock Haven	Jr	Millersville/Penn Manor
MF		Brittany Pikur	IUP	So	Gibsonia/Pine-Richland
MF		Erin Riggle	California	So	Aurora, Ohio/Aurora
D	04 ²	Meghan Jones	IUP	Sr	Fairview/Fairview
D	04 ²	Kathy Lantzy	Edinboro	Sr	Erie/Fort LeBoeuf
D		Lynnette Reitz	Lock Haven	So	Montoursville/Montoursville
D	03 ¹ , 04 ¹	Corey Weir	IUP	Jr	Irwin/Penn Trafford

**Pennsylvania State Athletic Conference
2005 East All-PSAC Women's Soccer Team**

Athlete of the Year - Casey McKinney (West Chester)

Rookie of the Year - Lauren Boyer (West Chester)

Coach of the Year - Tara Koleski (West Chester)

FIRST TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School or Previous School
GK	04 ¹	Meredith Yakscoe-Markle	Shippensburg	Sr	West Chester/Henderson
F	03 ¹ , 04 ¹	Julie Karcher	West Chester	Jr	Hatboro/Upper Moreland
F	04 ¹	Kim Kelty	Kutztown	So	Levittown/Neshaminy
F		Ashley Smith	Kutztown	Jr	Lancaster/Manheim Township
F		Brittany Yetter	West Chester	Fr	Bensalem/Bensalem
MF		Lauren Ginnona	West Chester	So	Spring City/O.J. Roberts
MF		Jaime Lombardo	East Stroudsburg	Sr	Yardley/Pennsbury
MF		Brittany McKew	Bloomsburg	So	Baltimore, Md./Perry Hall
MF	04 ¹	Kelly Murdock	Kutztown	Jr	West Lawn/Wilson
D		Lauren Boyer	West Chester	Fr	Mechanicsburg/Cumberland Valley
D	04 ¹	Casey McKinney	West Chester	Jr	Dillsburg/Northern
D	04 ¹	Brittany Staub	East Stroudsburg	So	Levittown/Neshaminy
D		Angela Brown (tie)	Bloomsburg	Fr	Sparta, N.J./Sparta
D		Erin Gallagher (tie)	Kutztown	Sr	Voorhees, N.J./Eastern

SECOND TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School
GK		Hilary Smart	West Chester	Fr	Enola/Cumberland Valley
F		Ashley Becker	East Stroudsburg	Fr	Freehold, N.J./Colts Neck
F		Colleen Corcoran	Mansfield	So	Allentown/Central Catholic
F		Lyndi Keiser	Mansfield	Fr	Mechanicsburg/Mechanicsburg
F		Christina Mazurek	Bloomsburg	Jr	Hatfield/North Penn
MF	04 ²	Jeannine Bria	Kutztown	Sr	Warminster/William Tennent
MF		Jessie Heller	West Chester	Jr	Honey Brook/Twin Valley
MF		Nikki Kegerreis	Shippensburg	Sr	Honey Brook/Twin Valley
MF		Maureen Quigley	West Chester	Sr	Manalapan, N.J./Freehold
D	04 ²	Desiree Boris	Mansfield	Jr	Wilkes-Barre/Coughlin
D	04 ²	Melissa Kellogg	Shippensburg	Sr	Williamsport/Loyalsock
D		Kim Thomas	Millersville	Sr	Langhorne/Neshaminy

Pennsylvania State Athletic Conference 2004 West All-PSAC Women's Soccer Team

Athlete of the Year - Sarah Arsenault (Slippery Rock)

Rookie of the Year - Ashley Pulman (Edinboro)

Coach of the Year - Adel Heder (IUP)

FIRST TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School or Previous School
GK		Sarah Daw	IUP	Sr	New Freedom/Susquehannock
F	01 ¹ , 02 ¹ ,	Sarah Arsenault	Slippery Rock	Sr	Rome, N.Y./Rome Free Academy
F	03 ²	Erin Falce	IUP	So	Duncansville/Hollidaysburg
F	03 ²	Crystal Heder	IUP	So	Vandergrift/Kiski Area
F	02 ¹ , 03 ¹	Brooke Rangi	Lock Haven	Sr	Kawerau, New Zealand/Kawerau College
MF		Holly Homsher	Lock Haven	So	Millersville/Penn Manor
MF		Ashley Pulman	Edinboro	Fr	LaSalle, ONT/Sandwich Secondary
MF		Jaimi Wilson	Slippery Rock	Fr	Cambria, England/E. Durham & Houghall
MF		Emma Wright	Slippery Rock	Sr	Bolton, England/Sharples
D		Melissa Alonzo	Clarion	Jr	Wichita Falls, Texas/Notre Dame Catholic
D	02 ² , 03 ²	Danielle Smith	Lock Haven	Sr	Johnson, N.Y./Minisink Valley
D	03 ¹	Corey Weir	IUP	So	Irwin/Penn Trafford
D	03 ²	Cheryl Wickerham	Slippery Rock	Jr	Morgantown/Twin Valley

SECOND TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School
GK		C.J. Gattens	Clarion	Sr	Pittsburgh/Baldwin
F		Monica Mangual	Lock Haven	Jr	Kendall Park, N.J./South Brunswick
F		Kelli Rees	California	Jr	Dillsburg/Northern York
F	03 ²	Lauren Steele	Slippery Rock	So	Leonardtwn, Md./Leonardtwn
F		Emily Thomas	IUP	So	Cranberry Township/Seneca Valley
MF		Elise Falatach	Edinboro	Fr	Bay Village, Ohio/Bay
MF		Meghan Jones	IUP	Jr	Fairview/Fairview
MF		Julie Kirwan	Slippery Rock	Jr	Co. Wexford, Ireland/F.C.J. Secondary
MF		Cora Roeder	IUP	Sr	Wyomissing/Wilson
D		Ann Fink	Lock Haven	Fr	Fleetwood/Fleetwood
D		Kathy Lantzy	Edinboro	Jr	Erie/Fort LeBoeuf
D		Missy Swindel	IUP	Sr	Toledo, Ohio/Bowsher
D		Elizabeth Beattie	Lock Haven	So	Madison, Ohio/Madison

**Pennsylvania State Athletic Conference
2004 East All-PSAC Women's Soccer Team**

Athlete of the Year - Casey McKinney (West Chester)

Rookie of the Year - Kim Kelty (Kutztown)

Coach of the Year - Jeff Schellenberger (Kutztown)

FIRST TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School or Previous School
GK		Meredith Yakscoe-Markle	Shippensburg	Jr	West Chester/Henderson
F		Lauren Hess	Bloomsburg	Fr	East Greenville/Upper Perkiomen
F	03 ¹	Julie Karcher	West Chester	So	Hatboro/Upper Moreland
F		Kim Kelty	Kutztown	Fr	Levittown/Neshaminy
F	03 ¹	Susan Kerr	Millersville	Sr	Churchville/Council Rock
MF		Abby Lindsey	Millersville	Sr	Middletown/Middletown
MF		Kelly Murdock	Kutztown	So	West Lawn/Wilson
MF	03 ²	Robin Niles	West Chester	Sr	New Britain/Central Bucks West
MF	02 ²	Kelly Salvaterra	Bloomsburg	Sr	Macungie/Emmaus
D		Lauren Bolis	Shippensburg	Sr	Haddonfield, N.J./Haddon Township
D	03 ²	Mary Dietrich	Millersville	Sr	Pottstown/Pottsgrove
D		Casey McKinney	West Chester	So	Dillsburg/Northern
D		Brittany Staub	East Stroudsburg	Fr	Levittown/Neshaminy

SECOND TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School
GK		Nicki Mitchell	Kutztown	Fr	Nazareth/Nazareth
F		Julie Folsom	Kutztown	Fr	Wanaque, N.J./Lakeland Regional
F		Nikki Kegerreis	Shippensburg	Jr	Honey Brook/Twin Valley
F		Becky Ritter	Bloomsburg	Jr	Philipsburg/Philipsburg-Osceola
F		Vanessa Robtison	Millersville	So	Levittown/Neshaminy
MF		Jeannine Bria	Kutztown	Jr	Warminster/William Tennent
MF		Melissa Kellogg	Shippensburg	Jr	Williamsport/Loyalsock
MF	02 ² , 03 ²	Kalyn Miller	West Chester	Jr	Harleysville/Souderton
MF	02 ² , 03 ¹	Lauren Tatro	Kutztown	Sr	Somerville, N.J./Somerville
D		Desiree Boris	Mansfield	So	Wilkes-Barre/Coughlin
D		Lindsay Knupp	Bloomsburg	Sr	Marmora, N.J./Ocean City
D		Nikki Marczak	Kutztown	Sr	Levittown/Harry S. Truman
D		Jackie Shaw	Bloomsburg	Jr	Thorofare, N.J./West Deptford

Pennsylvania State Athletic Conference 2003 All-PSAC Women's Soccer Team

Athlete of the Year - Sarah Arsenault (Slippery Rock)

Rookie of the Year - Meghan McGrath (Slippery Rock)

Coach of the Year - Noreen Herlihy (Slippery Rock)

FIRST TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School or Previous School
GK		Ryan Levine	West Chester	Sr	Stroudsburg/Stroudsburg
F	01 ¹ , 02 ¹	Sarah Arsenault	Slippery Rock	Jr	Rome, N.Y./Rome Free Academy
F		Julie Karcher	West Chester	Fr	Hatboro/Upper Moreland
F		Susan Kerr	Millersville	Jr	Churchville/Council Rock
F		Kelly Lau	Kutztown	Fr	York/Central York
MF	02 ¹	Christy Bush	Shippensburg	Sr	Frederick, Md./Frederick
MF		Meghan McGrath	Slippery Rock	Fr	Vernon, N.J./Vernon
MF	02 ²	Lauren Tatro	Kutztown	Jr	Somerville, N.J./Somerville
MF		Jamie Tekotte	Edinboro	Sr	Erie/Central Michigan University
B	02 ¹	Shannon Gleason	West Chester	Sr	Lancaster/Hempfield
B	02 ¹	Brooke Rangi	Lock Haven	Jr	Kawerau, New Zealand/Kawerau College
B		Corey Weir	IUP	Fr	Irwin/Penn Trafford
B		Lindsay Will	Kutztown	Sr	Lancaster/Manheim Twp.

SECOND TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School
GK		Mandi Johnsen	Kutztown	So	Whitehall/Quakertown
F		Michelle Carmosky	Bloomsburg	So	Harleysville/Souderton
F		Erin Falce	IUP	Fr	Duncansville/Holidaysburg
F		Crystal Heder	IUP	Fr	Vandergrift/Kiski Area
F		Lauren Steele	Slippery Rock	Fr	Leonardtwn, Md./Leonardtwn
MF		Kristin Breithaupt	Millersville	Sr	Mechanicsburg/Cumberland Valley
MF	02 ²	Kalyn Miller	West Chester	So	Harleysville/Souderton
MF		Robin Niles	West Chester	Jr	New Britain/Central Bucks West
MF	02 ²	Danielle Smith	Lock Haven	Jr	Johnson, N.Y./Minisink Valley
B		Summer Darst	Edinboro	Sr	Bay Village, Ohio/Bay Village
B		Mary Dietrich	Millersville	Jr	Pottstown/Pottsgrove
B	02 ¹	Jill Docherty	Bloomsburg	So	Allentown/Catasauqua
B		Cheryl Wickerham	Slippery Rock	So	Morgantown/Twin Valley

Pennsylvania State Athletic Conference 2002 All-PSAC Women's Soccer Team

Athlete of the Year - Brooke Rangi (Lock Haven)

Rookie of the Year - Meredith Yakscoe-Markle (Shippensburg)

Coach of the Year - Guy Furfaro (Shippensburg)

FIRST TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School or Previous School
GK	01 ²	Heather Hartman	Bloomsburg	So	Pleasanton, Calif./Amador Valley
F	01 ¹	Sara Arsenault	Slippery Rock	So	Rome, N.Y./Rome Free Academy
F		Nikki Kegerreis	Shippensburg	Fr	Honey Brook/Twin Valley
F		Brooke Rangi	Lock Haven	So	Kawerau, New Zealand/Kawerau College
F		Renee Williams	Bloomsburg	Sr	Larksville/Wyoming Valley West
MF		Christy Bush	Shippensburg	Jr	Frederick, Md./Frederick
MF	00 ¹ , 01 ¹	Naomi Clarke	Lock Haven	Jr	Cambridge, New Zealand/St. Peter's School
MF	99 ¹ , 00 ¹ , 01 ²	Rebecca Nichols	Lock Haven	Sr	Wind Gap/Nazareth
MF	99 ² , 00 ¹ , 01 ¹	Jen Yoder	Millersville	Sr	Mountville/Lancaster Mennonite
B		Jill Docherty	Bloomsburg	Fr	Allentown/Catasauqua
B		Shannon Gleason	West Chester	Jr	Lancaster/Hempfield
B	01 ¹	Kim Liwush	Edinboro	Sr	Ontario, N.Y./Webster
B		Tiffany Savacool	East Stroudsburg	Sr	Yardville, N.J./Hamilton West

SECOND TEAM

Pos	Past AC	Player	University	Cl	Hometown/High School
GK		Liz Agro	Millersville	Jr	Fawn Grove/Kennard-Dale
F		Stacy Brubaker	Millersville	Sr	Ephrata/Ephrata
F	01 ²	Katie Taylor	Lock Haven	Sr	Hammonton, N.J./Edgewood
F	01 ²	Nichole Vlahovic	Edinboro	Sr	Oakville, Ont./Queen Elizabeth Park
F		Kelli Rees	California	Fr	Dillsburg/Northern York
MF	99 ² , 00 ¹ , 01 ¹	Tia Kipp	IUP	Sr	Quakertown/Quakertown
MF		Kalyn Miller	West Chester	Fr	Harlysville/Souderton
MF		Kelly Salvaterra	Bloomsburg	So	Macungie/Emmaus
MF		Lauren Tatro	Kutztown	So	Somerville, N.J./Somerville
B		Lauren Bolis	Shippensburg	So	Haddonfield, N.J./Haddon Twp
B	01 ²	Missy Gorick	Millersville	Sr	Landisville/Lancaster Mennonite
B		Danielle Smith	Lock Haven	So	Johnson, N.Y./Minisink Valley
B		Kelly Zander	Slippery Rock	Sr	Lancaster/Lampeter Strasburg

Pennsylvania State Athletic Conference 2001 All-PSAC Women's Soccer Team

Athlete of the Year - Justina Woolf (East Stroudsburg)

Rookie of the Year - Sara Arsenault (Slippery Rock)

Coach of the Year - Gary Kagiavas (Edinboro)

FIRST TEAM

Pos	Player	University	Cl	Hometown/High School or Previous School
GK	LaToya Wallace	IUP	Sr	Baltimore, Md./Catonsville CC
F	Sara Arsenault	Slippery Rock	Fr	Rome, N.Y./Rome Free Academy
F	* \$ > Alea Balthaser	Bloomsburg	Sr	Hamburg/Hamburg
F	Jen McMaster	IUP	Sr	Lansdale/North Penn
F	* > ^ Justina Woolf	East Stroudsburg	Sr	Womelsdorf/Tulpehocken
MF	* Naomi Clarke	Lock Haven	So	Cambridge, New Zealand
MF	* & Tia Kipp	IUP	Jr	Quakertown/Quakertown
MF	Jamie Tekotte	Edinboro	So	Erie/McDowell
MF	* & Jen Yoder	Millersville	Jr	Mountville/Lancaster Mennonite
B	Jen Amos	East Stroudsburg	Jr	Reading/Exeter
B	Shannon Becker	Lock Haven	Jr	Durham/Palisades
B	+ Maureen Ennis	Slippery Rock	Jr	Dublin, Ireland/Lindsey Wilson
B	Kim Liwush	Edinboro	Jr	Ontario, N.Y./Webster

SECOND TEAM

Pos	Player	University	Cl	Hometown/High School
GK	Heather Hartman	Bloomsburg	Fr	Pleasanton, Calif./Amador Valley
F	Erin McKasson	Lock Haven	Sr	Irwin/Penn Trafford
F	Katie Taylor	Lock Haven	Jr	Hammonton, N.J./Edgewood
F	Nichole Vlahovic	Edinboro	Jr	Oakville, Ont./Nelson
F	Renee Williams	Bloomsburg	Jr	Larksville/Wyoming Valley West
MF	Rianna Coleman	California	Jr	Whitby, Ont./Father Leo J. Austin
MF	Hilary Gorzelnik	Slippery Rock	Sr	Boonton, N.J./Jefferson
MF	* \$ Becky Nichols	Lock Haven	Jr	Wind Gap/Nazareth
MF	* Kristi Ward	Lock Haven	Jr	Philadelphia/Nazareth Academy
B	Danielle Brunetti	Bloomsburg	Sr	Philadelphia/Nazareth Academy
B	Missy Gorick	Millersville	Jr	Landisville/Lancaster Mennonite
B	Robin Niles	West Chester	Fr	New Britain/Central Bucks West
B	Christa Cox	Lock Haven	Jr	Ephrata/Ephrata

* - 2000 First Team; + - 2000 Second Team; \$ - 1999 First Team; & - 1999 Second Team;
> - 1998 First Team; % - 1998 Second Team; ^ - 1997 First Team

Pennsylvania State Athletic Conference 2000 All-PSAC Women's Soccer Team

Athlete of the Year - Alea Balthaser (Bloomsburg)

Rookie of the Year - Naomi Clarke (Lock Haven)

Coach of the Year - Peter Campbell (Lock Haven)

FIRST TEAM

Pos		Player	University	Cl	Hometown/High School
GK		Takiyah Thomas	Lock Haven	Sr	Milton/Milton
F	\$ >	Alea Balthaser	Bloomsburg	Jr	Hamburg/Hamburg
F		Naomi Clarke	Lock Haven	Fr	Cambridge, New Zealand
F	\$ %	Christine Krebs	Bloomsburg	Jr	South Hero, Vt./South Burlington
F	> *	Justina Woolf	East Stroudsburg	Jr	Womelsdorf/Tulpehocken
MF	\$	Christina Almquist	West Chester	Sr	Tannersville/Pocono Mountain
MF	&	Tia Kipp	IUP	So	Quakertown/Quakertown
MF		Kristi Ward	Lock Haven	So	Philadelphia/Nazareth Academy
MF	&	Jen Yoder	Millersville	So	Mountville/Lancaster Mennonite
B		Jill Bartlett	West Chester	Jr	Lancaster/Manheim Township
B		Danielle Brunetti	Bloomsburg	Sr	Philadelphia/Nazareth Academy
B		Kim Liwush	Edinboro	So	Ontario, N.Y./Webster
B	\$	Becky Nichols	Lock Haven	So	Wind Gap/Nazareth

SECOND TEAM

Pos		Player	University	Cl	Hometown/High School
GK		Ryan Levine	West Chester	Fr	Stroudsburg/Stroudsburg
F		Kristin Aspromonti	West Chester	Jr	Trenton, N.J./Hamilton
F	& %	Blair Gantz	Slippery Rock	Jr	Lancaster/Lampeter-Strasburg
F		Becky Morris	Millersville	Sr	Holland/Council Rock
F		Lisa Trombetta	Shippensburg	Sr	Coplay/Parkland
MF		Lynzie Ellison	Edinboro	Fr	Perrysburg, Ohio/Perrysburg
MF		Susan Kelleher	Slippery Rock	Jr	Cork City, Ireland/Lindsey Wilson
MF		Line Nermark	Slippery Rock	Jr	Norway
MF		Nicole Zeoli	Bloomsburg	Jr	Philadelphia/Little Flower
B		Maureen Ennis	Slippery Rock	Jr	Dublin, Ireland/Lindsey Wilson
B	&	Kerry Gross	Lock Haven	Sr	Boiling Springs/Cumberland Valley
B		Patti Hill	Shippensburg	Sr	Bowie, Md./Bowie
B		Jen McMaster	IUP	Jr	Lansdale/North Penn

\$ - 1999 First Team; & - 1999 Second Team; > - 1998 First Team; % - 1998 Second Team;

* - 1997 First Team; + - 1997 Second Team

**Pennsylvania State Athletic Conference
1999 All-PSAC Women's Soccer Team**

First Team

Pos	Player	University	Cl	Hometown/High School
GK	JEN FOSTER	Lock Haven	SR	Harrisburg/Central Dauphin
D	SARAH ANSCHUTZ	IUP	SR	Scottsville, N.Y./Monroe C.C.
D	BRIGIT BOND	California	SO	Pittsburgh/Keystone Oaks
D >	LIZ DONNELLY	Bloomsburg	SO	West Chester/Henderson
D	REBECCA NICHOLS	Lock Haven	FR	Wind Gap/Nazareth
MF > * #	GEORGINA ADAMS	Lock Haven	SR	Cardiff, Wales/Whitechurch
MF	CHRISTINA ALMQUIST	West Chester	JR	Tannersville/Pocono Mountain
MF + ^ \$	DENISE LAZOR	IUP	SR	Warren, Ohio/Howland
MF > *	SONYA MAHER	Slippery Rock	SR	Co. Clare, Ireland/ Waterford R.T.C.
F > + #	HEATHER ALLGYER	West Chester	SR	Lancaster/Lancaster Mennonite
F >	ALEA BALTHASER	Bloomsburg	SO	Hamburg/Hamburg
F	ANNETTE BERG	Slippery Rock	SO	Harstad, Norway/Heggen
F %	CHRISTINE KREBS	Bloomsburg	SO	South Hero, Vt./ South Hero

Second Team

GK	STACIE BENCIVENGO	West Chester	JR	Yardville, N.J./The Peddie School
D	JEN AMOS	East Stroudsburg	FR	Reading/Exeter
D	KERRY GROSS	Lock Haven	JR	Boiling Springs/Cumberland Valley
D	ANDREA SHEFFER	West Chester	SR	Newtown/Spring Grove
D	KELLY ZANDER	Slippery Rock	FR	Willow Street/Lampeter
MF	VAL BOWMAN	West Chester	JR	Lancaster/Manheim
MF	KELLY FRAME	East Stroudsburg	SR	Holbrook, N.Y./Sachem North
MF	TIA KIPP	IUP	FR	Quakertown/Quakertown
MF	JEN YODER	Millersville	FR	Mountville/Lancaster Mennonite
F > * #	RACHEL CLEMENS	Lock Haven	SR	Levittown/Neshaminy
F	JESSICA DOMINGUEZ	IUP	SR	Victor, N.Y./Monroe C.C.
F %	BLAIR GANTZ	Slippery Rock	SO	Lancaster/Lampeter-Strasburg
F	AMY HAZEN	Edinboro	SO	Erie/Iroquois

**ATHLETE OF THE YEAR
GEORGINA ADAMS, LOCK HAVEN**

**ROOKIE OF THE YEAR
RENEE WILLIAMS, BLOOMSBURG**

**COACH OF THE YEAR
PETER CAMPBELL, LOCK HAVEN**

**Pennsylvania State Athletic Conference
1998 All-PSAC Women's Soccer Team**

First Team

Pos	Player	University	Cl	Hometown/High School
GK	+ TRACY WIRTH	BLOOMSBURG	SR	SCHNECKSVILLE/PARKLAND
D	* SARAH CHELLAND	BLOOMSBURG	SR	CRANFORD, NJ/UNION CATHOLIC
D	LYNN ASHTON	LOCK HAVEN	SR	NEWTOWN/COUNCIL ROCK
D	LIZ DONNELLY	BLOOMSBURG	FR	WEST CHESTER/HENDERSON
D	TIANA JORDAN	LOCK HAVEN	JR	FAIR OAKS/QUAKER VALLEY
MF	* # GEORGINA ADAMS	LOCK HAVEN	JR	CARDIFF, WALES/WHITECHURCH
MF	JAYNE LUDLOW	LOCK HAVEN	FR	RHONDDA S. WALES/TREORCHY COMP.
MF	* # JULIE BUGG	BLOOMSBURG	SR	MT. AETNA/TULPEHOCKEN
MF	* SONYA MAHER	SLIPPERY ROCK	JR	CO. CLARE, IRELAND/WATERFORD R.T.C.
F	ALEA BALTHASER	BLOOMSBURG	FR	HAMBURG/HAMBURG
F	* # RACHEL CLEMENS	LOCK HAVEN	JR	LEVITTOWN/NESAMINY
F	* JUSTINA WOOLF	EAST STROUDSBURG	SO	WOMELSDORF/TULPEHOCKEN
F	* HEATHER ALLGYER	WEST CHESTER	SO	LANCASTER/LANCASTER MENNONITE

Second Team

GK	STACY LINZENBOLD	EAST STROUDSBURG	SR	BUTLER, NJ/MORRIS CATHOLIC
D	* MICHELLE LOH	EAST STROUDSBURG	SO	MECHANICSBURG/CUMBERLAND VALLEY
D	AMY JONES	BLOOMSBURG	SR	RIVERSIDE, NJ/HOLY CROSS
D	AMY LINDSEY	EDINBORO	SO	ALLISON PARK/HAMPTON
D	SHANNON PUZIO	BLOOMSBURG	JR	SUSSEX, NJ/VERNON
MF	+ > ERIN BEGGS	BLOOMSBURG	SR	PLAINS/BISHOP HOBAN
MF	BLAIR GANTZ	SLIPPERY ROCK	SO	LANCASTER/LAMPETER-STRASBURG
MF	+ SHANNON MULLINS	EAST STROUDSBURG	SR	WAYNE, NJ/WAYNE VALLEY
MF	CARLENE KRATZ	LOCK HAVEN	SO	WILKES-BARRE/BISHOP HOBAN
MF	CARA PEYTON	EDINBORO	FR	CINCINNATI, OH/MCAULEY
F	* LISA TROMBETTA	SHIPPENSBURG	SO	COPLAY/PARKLAND
F	LIZ CAMPEDEL	IUP	SR	PITTSBURGH/THOMAS JEFFERSON
F	SARA KANE-GRIMES	SHIPPENSBURG	SO	ORELAND/SPRINGFIELD-MONTCO
F	CHRISTINE KREBS	BLOOMSBURG	SO	SOUTH HERO, VT/SOUTH HERO

**ATHLETE OF THE YEAR
ALEA BALTHASER, BLOOMSBURG**

**ROOKIES OF THE YEAR
ALEA BALTHASER, BLOOMSBURG**

**COACH OF THE YEAR
SANDY DICKSON, BLOOMSBURG**

* - 1997 First Team; # - 1996 First Team; + - 1997 Second Team; > - 1996 Second Team

**Pennsylvania State Athletic Conference
1997 All-PSAC Women's Soccer Team**

First Team

Pos	Player	University	Cl	Hometown/High School
GK +	TRACY WIRTH	BLOOMSBURG	JR	SCHNECKSVILLE/PARKLAND
D	SARAH CHELLAND	BLOOMSBURG	JR	CRANFORD, NJ/UNION CATHOLIC
D * #	AUDREY DAWSON	CALIFORNIA	SR	HATFIELD/PENNRIDGE
D	CHRISTINA ALMQUIST	WEST CHESTER	FR	TANNERSVILLE/POCONO MOUNTAIN
D	MICHELLE LOH	EAST STROUDSBURG	FR	MECHANICSBURG/CUMBERLAND VALLEY
MF *	GEORGINA ADAMS	LOCK HAVEN	SO	CARDIFF, WALES/WHITECHURCH
MF >	HEATHER ORMAN	LOCK HAVEN	SR	PITTSBURGH/PENN HILLS
MF * #	JULIE BUGG	BLOOMSBURG	JR	MT. AETNA/TULPEHOCKEN
MF	SONYA MAHER	SLIPPERY ROCK	SR	CO. CLARE, IRELAND/WATERFORD R.T.C.
F	LISA TROMBETTA	SHIPPENSBURG	FR	COPLAY/PARKLAND
F *	RACHEL CLEMENS	LOCK HAVEN	SO	LEVITTOWN/NESAMINY
F	JUSTINA WOOLF	EAST STROUDSBURG	FR	WOMELSDORF/TULPEHOCKEN
F * #	TERRI MEIERHOFER	EAST STROUDSBURG	SR	LIVINGSTON/LIVINGSTON

Second Team

GK	STACY LINZENBOLD	EAST STROUDSBURG	JR	BUTLER, NJ/MORRIS CATHOLIC
D	TABITHA REED	EAST STROUDSBURG	FR	LAURELDALE/MUHLENBERG
D	SHANNON MULLINS	EAST STROUDSBURG	JR	WAYNE, NJ/WAYNE VALLEY
D	KERRY GROSS	LOCK HAVEN	FR	BOILING SPRING/CUMBERLAND VALLEY
D	MEGAN FLATI	IUP	JR	PITTSBURGH/PENN HILLS
MF + >	ERIN BEGGS	BLOOMSBURG	JR	PLAINS/BISHOP HOBAN
MF	JENN GALLO	WEST CHESTER	JR	HOLLAND/COUNCIL ROCK
MF	KAREN KANE-GRIMES	SLIPPERY ROCK	SR	ORELAND/SPRINGFIELD
MF	ALYSSA MUROSKY	EDINBORO	FR	ERIE/MERCYHURST PREP
F *	HEATHER ALLGYER	WEST CHESTER	SO	LANCASTER/LANCASTER MENNONITE
F *	KELLY CONN	BLOOMSBURG	SR	NEWTOWN SQUARE/CARDINAL O'HARA
F + >	DENISE LAZOR	IUP	JR	WARREN, OH/HOWLAND
F	BECKY MORRIS	MILLERSVILLE	FR	HOLLAND/COUNCIL ROCK

**ATHLETE OF THE YEAR
TERRI MEIERHOFER –EAST STROUDSBURG**

**ROOKIES OF THE YEAR
JUSTINA WOOLF –EAST STROUDSBURG**

**COACH OF THE YEAR
DEREK ARNEAUD –EAST STROUDSBURG**

Pennsylvania State Athletic Conference 1996 All-PSAC Women's Soccer Team

First Team

Pos	Player	University	Cl	Hometown/High School
GK	KRISTEN BARDES	IUP	SO	MECHANICSBURG/CUMBERLAND VALLEY
B	BETTINA BUOB	BLOOMSBURG	SR	HOLLAND/COUNCIL ROCK
B * #	AUDREY DAWSON	CALIFORNIA	JR	HATFIELD/PENNRIDGE
B	KELLY FEENEY	IUP	FR	PHILADELPHIA/NORTHEAST
B	ABBY TROUT	MILLERSVILLE	SR	MECHANICSBURG/MECHANICSBURG
MF	GEORGINA ADAMS	LOCK HAVEN	FR	CARDIFF, WALES/WHITECHURCH
MF * #	KATHY BRUNO	WEST CHESTER	SR	FREEHOLD, NJ/ST. JOHN VIANNEY
MF *	JULIE BUGG	BLOOMSBURG	SO	MT. AETNA/TULPEHOCKEN
MF	SONYA MAHER	SLIPPERY ROCK	JR	CO. CLARE, IRELAND/WATERFORD
R.T.C.				
F	HEATHER ALLGYER	WEST CHESTER	FR	LANCASTER/LANCASTER MENNONITE
F	RACHEL CLEMENS	LOCK HAVEN	FR	LEVITTOWN/NESAMINY
F	KELLY CONN	BLOOMSBURG	JR	NEWTOWN SQUARE/CARDINAL
O'HARA				
F * #	TERRI MEIERHOFER	EAST STROUDSBURG	JR	LIVINGSTON/LIVINGSTON

Second Team

GK	TRACY WIRTH	BLOOMSBURG	SO	SCHNECKSVILLE/PARKLAND
D >	SHERRI BENFATTI	EAST STROUDSBURG	SR	GREEN POND/MORRIS KNOLLS
D	JENN CROW	EAST STROUDSBURG	SR	PHILADELPHIA/ARCHBISHOP RYAN
D	JILL FUINI	BLOOMSBURG	SR	SCHNECKSVILLE/PARKLAND
D	SHANNON LEAVY	WEST CHESTER	SR	WILLOW GROVE/UPPER DUBLIN
MF +	ERIN BEGGS	BLOOMSBURG	SO	PLAINS/BISHOP HOBAN
MF * #	KAREN HANSEN	EAST STROUDSBURG	SR	GOSHEN/GOSHEN CENTRAL
MF + >	JENN RUSSO	EAST STROUDSBURG	SR	WAYNE/WAYNE VALLEY
MF >	LINDSEY TYBERG	IUP	JR	WEST CHESTER, OH/COUNCIL ROCK
F	ALISON BOURKE	SLIPPERY ROCK	JR	PARIS, FRANCE/AMERICAN
F +	SHANNON DAVIS	LOCK HAVEN	SO	WEST GROVE/AVON GROVE
F +	DENISE LAZOR	IUP	SO	WARREN, OH/HOWLAND
F >	AMY TUCKER	WEST CHESTER	SR	MONROE, CT/MASUK

**ATHLETE OF THE YEAR
KELLY CONN - BLOOMSBURG**

**ROOKIES OF THE YEAR
GEORGINA ADAMS - LOCK HAVEN
HEATHER ALLGYER - WEST CHESTER**

**COACH OF THE YEAR
NOREEN HERLIHY - SLIPPERY ROCK**

**Pennsylvania State Athletic Conference
1995 All-PSAC Women's Soccer Team**

First Team

Pos	Player	University	Cl	Hometown/High School
GK	AMY LINN	BLOOMSBURG	SR	HARRISBURG/CENTRAL DAUPHIN
B	KATHY BRUNO	WEST CHESTER	SR	FREEHOLD, NJ/ST. JOHN VIANNEY
B	AUDREY DAWSON	CALIFORNIA	SO	HATFIELD/PENNRIDGE
B	STACEY GIBBS	IUP	JR	VESTAL, NY/VESTAL
B	ALISA HEALEY	BLOOMSBURG	SR	JAMINSON/VILLA JOSEPH MARIE
MF	JULIE BUGG	BLOOMSBURG	FR	MT. AETNA/TULPEHOCKEN
MF	SHANNON DAVIS	LOCK HAVEN	FR	WEST GROVE/AVON GROVE
MF	KAREN HANSEN	EAST STROUDSBURG	JR	GOSHEN/GOSHEN CENTRAL
MF	SHERRY VALERA	CALIFORNIA	SR	GLENSIDE/ABINGTON
F	LYNN ASHTON	LOCK HAVEN	FR	NEWTOWN/COUCIL ROCK
F	BECKY CREEDON	BLOOMSBURG	SO	WOODBURY, NJ/WEST DEPTFORD
F	TERRI MEIERHOFER	EAST STROUDSBURG	SO	LIVINGSTON, NJ/LIVINGSTON
F	AMY PETERSON	IUP	SR	MOON/MOON

Second Team

GK	JEN FOSTER	LOCK HAVEN	FR	HARRISBURG/CENTRAL DAUPHIN
B	STEFANIE ADAMS	BLOOMSBURG	SR	BRIDGEWATER, NJ/BRIDGEWATER-RARITAN
B	SAMANTHA DEUTSCH	IUP	FR	COPLAY/PARKLAND
B	JANICE CLAYTON	LOCK HAVEN	FR	WILMINGTON, DE/CONCORD
B	REBECCA MARTIN	SHIPPENSBURG	FR	LITITZ/WARWICK
MF	ELIZABETH ARUTA	CALIFORNIA	FR	AJAX, ONTARIO, CANADA
MF	ERIN BEGGS	BLOOMSBURG	FR	PLAINS/BISHOP HOBAN
MF	PATRICIA COBANE	BLOOMSBURG	SR	WHIPPANY, NJ/WHIPPANY PARK
MF	HEATHER ORMAN	LOCK HAVEN	SO	PITTSBURGH/PENN HILLS
F	KIM KOTTMEIER	CALIFORNIA	SR	BETHEL PARK/BETHEL PARK
F	DENISE LAZOR	IUP	FR	WARREN, OH/HOWLAND
F	JENN RUSSO	EAST STROUDSBURG	JR	WAYNE, NJ/WAYNE VALLEY
F	MELANIE WESTER	KUTZTOWN	FR	BRIDGEWATER/BRIDGEWATER-RARITAN

**ATHLETE OF THE YEAR
AMY PETERSON, IUP**

**ROOKIE OF THE YEAR
LYNN ASHTON, LOCK HAVEN**

**COACH OF THE YEAR
CHUCK LAUDERMILCH, BLOOMSBURG**

**Pennsylvania State Athletic Conference
1994 All-PSAC Women's Soccer Team**

First Team

Pos	Player	University	Cl	Hometown/High School
GK	AMY LINN	BLOOMSBURG	JR	HARRISBURG
B	AUDREY DAWSON	CALIFORNIA	FR	HATFIELD
B	JO-LIN FOSTER	KUTZTOWN	SR	BEDMINSTER, NJ
B	HOLLY PANICHELLI	BLOOMSBURG	SR	BLACKWOOD, NJ
B	MELANIE PETRE	KUTZTOWN	JR	SINKING SPRINGS
MF	KATHY BRUNO	WEST CHESTER	JR	FREEHOLD, NJ
MF	KAREN HANSEN	EAST STROUDSBURG	SO	GOSHEN, NY
MF	DENISE PECORARO	BLOOMSBURG	SR	BASKING RIDGE, NJ
MF	LISA WARNO	BLOOMSBURG	SO	MT. LEBANON
F	BECKY CREEDON	BLOOMSBURG	FR	WOODBURY, NJ
F	TERRI MEIERHOFER	EAST STROUDSBURG	FR	LIVINGSTON, NJ
F	AMY PETERSON	IUP	JR	MOON
F	SHERRY VALERA	CALIFORNIA	JR	GLENSIDE

Second Team

GK	ALLISON LONG	WESTCHESTER	SR	DOWNINGTOWN, PA
B	LESLEY BEAM	BLOOMSBURG	JR	MOUNT LAUREL, NJ
B	SHERI BENFATTI	EAST STROUDSBURG	SO	GREEN POND, NJ
B	TRACY PIENKOS	EAST STROUDSBURG	JR	ROCKAWAY, NJ
B	JULIE POISTER	IUP	SO	SEWICKLEY
MF	LAURIE HORNEFF	EAST STROUDSBURG	JR	MOUNT LAUREL, NJ
MF	HEATHER ORMAN	LOCK HAVEN	FR	PITTSBURGH
MF	JEN SAVANI	LOCK HAVEN	JR	LOCK HAVEN
MF	LINDSEY TYBERG	IUP	FR	HOLLAND
F	JEN CARUCCI	SLIPPERY ROCK	FR	IJAMSVILLE, MD
F	KIM KOTTMEIER	CALIFORNIA	JR	BETHEL PARK
F	AMY TUCKER	WEST CHESTER	JR	MONROE, CT
F	JENN RUSSO	EAST STROUDSBURG	SO	WAYNE, NJ

**ATHLETE OF THE YEAR
AMY PETERSON, IUP**

**ROOKIE OF THE YEAR
TERI MEIERHOFER, EAST STROUDSBURG**

**COACH OF THE YEAR
JERRY SHESKA, EAST STROUDSBURG**