

PSAC Women's Cross Country Athlete and Coach of the Year Award Winners

2009

Coach of the Year: Steve Spence, Shippensburg
Athlete of the Year: Neely Spence, Shippensburg
Freshman of the Year: Erin Kling, California

2008

Coach of the Year: Steve Spence, Shippensburg
Athlete of the Year: Neely Spence, Shippensburg
Freshman the Year: Neely Spence, Shippensburg

2007

Coach of the Year: Karen Brandt, Bloomsburg
Athlete of the Year: Rachel Lanzel, Edinboro
Rookie of the Year: Abby Huber, Shippensburg

2006

Coach of the Year: Ray Hoffman, Kutztown
Athlete of the Year: Rachel Lanzel, Edinboro
Rookie of the Year: Jennifer Harpp, Slippery Rock

2005

Coach of the Year: Ed Fry, IUP
Athlete of the Year: Mindy Sawtelle, IUP
Rookie of the Year: Julie Karaszkiwicz, Kutztown

2004

Coach of the Year: Doug Watts, Edinboro
Athlete of the Year: Julie Numergut, Edinboro
Rookie of the Year: Rachael Lanzel, Edinboro

2003

Coach of the Year: Doug Watts, Edinboro
Athlete of the Year: Mindy Sawtelle, IUP

2002

Coach of the Year: Ed Fry, IUP
Athlete of the Year: Sara Raschiatore, IUP

2001

Coach of the Year: Ed Fry, IUP
Athlete of the Year: Sara Raschiatore, IUP

2000

Coach of the Year: Ray Hoffman, Kutztown
Athlete of the Year: Megan Seefeldt, Kutztown

1999

Coach of the Year: Doug Watts, Edinboro
Athlete of the Year: Gabriela Hnilkova, Edinboro

1998

Coach of the Year: Doug Watts, Edinboro
Athlete of the Year: Amy Perry, Edinboro

1997

Coach of the Year: Galen Piper, Shippensburg
Athlete of the Year: Amy Perry, Edinboro

1996

Coach of the Year: Galen Piper, Shippensburg
Athlete of the Year: Jan Blake, East Stroudsburg

1995

Coach of the Year: John Papa, Slippery Rock
Athlete of the Year: Joan Mount, Slippery Rock

1994

Coach of the Year: Doug Watts, Edinboro
Athlete of the Year: Jo Rupp, Millersville

1993

Coach of the Year: John Papa, Slippery Rock
Athlete of the Year: Jo Rupp, Millersville

1992

Coach of the Year: Doug Watts, Edinboro
Athlete of the Year: Donna Matthews, Edinboro

1991

Coach of the Year: Doug Watts, Edinboro
Athlete of the Year: Mary Zerby, Millersville

1990

Coach of the Year: Ed Fry, IUP
Athlete of the Year: Kellie Boozer, Millersville