

# PSAC Men's Cross Country Athlete and Coach of the Year Award Winners

## 2009

Coach of the Year: Steve Spence, Shippensburg  
Athlete of the Year: Nick Hilton, Lock Haven  
Freshman of the Year: Hillary Mugun, IUP

## 2008

Coach of the Year: Aaron Russell, Lock Haven  
Athlete of the Year: Chris Clark, California  
Freshman of the Year: Stephen Schelander, Shippensburg

## 2007

Coach of the Year: Doug Watts, Edinboro  
Athlete of the Year: Pat Reagan, Slippery Rock  
Rookie of the Year: Barry McLaughlin, Edinboro

## 2006

Coach of the Year: Aaron Russell, Lock Haven  
Athlete of the Year: Ryan Blood, Lock Haven  
Rookie of the Year: Brandon Pomerantz, Lock Haven

## 2005

Coach of the Year: Aaron Russell, Lock Haven  
Athlete of the Year: Jeff Weiss, Slippery Rock  
Rookie of the Year: Jeff Weiss, Slippery Rock

## 2004

Coach of the Year: Aaron Russell, Lock Haven  
Athlete of the Year: Chris Cowan, Lock Haven  
Rookie of the Year: Greg Davis, Lock Haven

## 2003

Coach of the Year: Aaron Russell, Lock Haven  
Athlete of the Year: Chris Cowan, Lock Haven

## 2002

Coach of the Year: Doug Watts, Edinboro  
Athlete of the Year: Mark Stallings, Millersville

## 2001

Coach of the Year: Doug Watts, Edinboro  
Athlete of the Year: Mark Stallings, Millersville

## 2000

Coach of the Year - Steve Spence, Shippensburg  
Athlete of the Year - Jeff Barker, EDinboro

## 1999

Coach of the Year: Mark Elliston, Lock Haven  
Athlete of the Year: Yi-Min Wu, Edinboro

## 1998

Coach of the Year: Doug Watts, Edinboro  
Athlete of the Year: Yi-Min Wu, Edinboro

## 1997

Coach of the Year: Doug Watts, Edinboro  
Athlete of the Year: Travis Kuhl, Edinboro

## 1996

Coach of the Year: Doug Watts, Edinboro  
Athlete of the Year: Travis Kuhl, Edinboro

## 1995

Coach of the Year: Doug Watts, Edinboro  
Athlete of the Year: Carl Leonard, Edinboro

## 1994

Coach of the Year: Joe Koch, East Stroudsburg  
Athlete of the Year: Carl Leonard, Edinboro

## 1993

Coach of the Year: Lanny Conner, Bloomsburg  
Athlete of the Year: Clayton Clews, Edinboro

## 1992

Coach of the Year: Doug Watts, Edinboro  
Athlete of the Year: Eric Laughlin, Slippery Rock

## 1991

Coach of the Year: John Papa, Slipper Rock  
Athlete of the Year: Martin Lyons, Edinboro

## 1990

Coach of the Year: Robert Walker, Shippensburg  
Athlete of the Year: Randy Lowe, Shippensburg