

ATHLETIC TRAINERS OPERATING POLICIES AND PROCEDURES PENNSYLVANIA STATE ATHLETIC CONFERENCE

Treatments are available at all Conference schools. If treatments are required, a signed Conference Treatment Release Form must be completed and signed by the visiting team's athletic trainer and submitted to the host athletic trainer prior to treatment.

Football Games:

The following services will be provided by the home team during football games:

1. Ambulance immediately available.
2. Spine board/orthopedic scoop stretcher
3. A minimum of 2 10-gallon water coolers on the sideline and
4. 1 10-gallon cooler in the visiting team locker room.
5. Ice as needed on the sideline.
6. A minimum of four (4) taping stations for pre-event taping. These stations should be located in an area separate from the locker area and therefore gender neutral and must be accessible to the athletic trainers and the student-athletes.
7. Physician in attendance.
8. Transportation provided for visiting team's training equipment to and from the playing field.
9. Certified trainer in attendance.
10. One sideline table for medical personnel.

Baseball, Basketball, Field Hockey, Lacrosse, Soccer, Softball, Track and Field:

The following services will be provided by the home team during the following contests: baseball, basketball, field hockey, lacrosse, soccer, softball, track and field, and wrestling:

1. Ambulance available.
2. Spine board/orthopedic scoop stretcher available.
3. A minimum of 1 10-gallon water cooler on the sideline and water available at half-time when appropriate.
4. Ice as needed on the sideline.
5. Two taping stations available.
6. Certified trainer available.

Wrestling:

The following services will be provided by the home team during wrestling matches:

1. Ambulance available.
2. Spine board/orthopedic scoop stretcher available.
3. A minimum of 1 5-gallon water cooler on the sideline and water available at half-time when appropriate.
4. Ice as needed on the sideline.
5. Two taping stations available.
6. Certified trainer in attendance.
7. Physician in attendance at Conference Championship.

All Other Sports:

The following services will be provided by the home team for all other sports not listed above:

1. Ambulance available.
2. Water cooler as appropriate.
3. Ice as needed.
4. Taping tables as appropriate.
5. Certified trainer available - emergency procedures as outlined by each university.

Conference Championships:

The host institution must provide all the above requirements pertinent to the activity plus a certified trainer must be in attendance at all Conference Championships. Medical personnel are excluded from the bench personnel limit, i.e. ATC, student-trainers, physicians.

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Lightning Policy:

The host certified athletic trainer will have the unchallengeable authority to suspend or postpone competition in the event of lightning. The certified athletic trainer and game official or/game administrator must consult and agree as to the time of resumption of play. An institution's lightning policy should be listed on its website.

Officials Treatment:

Game preparation of the host institution's student-athletes, as well as the visiting team's student-athletes is the main priority for the Athletic Training Staff covering the event. There should not be an expectation of service provided to game officials by the host institution's Athletic Training Staff. Providing any type of treatment to game officials, other than standard first aid due to an injury, will be the decision of the Athletic Training Staff covering the event. Please be aware, these services may be limited by the State Board of Medicine's Athletic Training Practice Act. As a professional courtesy, game officials should contact the host institution's Athletic Training Staff prior to the contest they are working. This will allow both parties the opportunity to discuss the availability of services and make appropriate arrangements (Adopted April, 2011).

**ATHLETIC TRAINER COVERAGE AT OFF-CAMPUS CHAMPIONSHIPS
PENNSYLVANIA STATE ATHLETIC CONFERENCE**

In order to effectively insure proper medical coverage of PSAC Championship events not held on any of the member campuses, the following procedure has been developed. A certified athletic trainer will be appointed by the Commissioner for championships conducted at off-campus sites. His/her expenses will be the responsibility of his/her respective institution (Adopted October, 1989).

Duties:

1. The certified athletic trainer may be requested by the Commissioner to assist in the investigation of potential sites being considered for the championship, with regard to medical facilities, ambulance coverage, and other requirements as previously approved by the PSAC.
2. The certified athletic trainer must be present during all contests of a respective championship.
3. The certified athletic trainer will be required to directly arrange for the required medical facilities and equipment as specified in the PSAC Athletic Trainers Operating Policies and Procedures.

**DRUG STATEMENT
PENNSYLVANIA STATE ATHLETIC CONFERENCE**

Drug use and abuse represents a danger to the well-being of student athletes and presents a serious threat to the integrity of intercollegiate athletics. The Pennsylvania State Athletic Conference supports efforts adopted by the National Collegiate Athletic Association to curtail the unauthorized use of chemical substances. A number of factors contribute to define student athletes as a high risk population regarding the use of drugs. These factors include pressures to excel, high visibility in the campus community, and recognition of their roles as institutional representatives.

Member institutions of the Pennsylvania State Athletic Conference are committed to the total development of student athletes. That commitment includes a comprehensive drug education program which involves athletic administrators, coaches, and trainers. It also includes specific efforts to provide education and rehabilitation information to all students who participate in intercollegiate competition. The Conference opposes the use of both performance enhancing and recreational drugs, including alcohol abuse, and encourages member institutions to develop appropriate policies and programs to combat this growing problem (Adopted 12/7/89).

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**ALCOHOL AND TOBACCO STATEMENT
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Players, coaches or other institutional representatives shall not consume alcoholic beverages or tobacco products during practice sessions or at the site of competitions. In addition, passengers in vehicles carrying team personnel to and from athletic events shall refrain from using alcohol and tobacco products.

**HEPATITIS "B" POLICY STATEMENT
PENNSYLVANIA STATE ATHLETIC CONFERENCE**

It is recommended that institutions should make Hepatitis "B" vaccine available to those employees whose job responsibilities associated with athletic events and/or facilities may place them at high risk to exposure to bloodborne pathogens. Such personnel could include, but not be limited to, athletics trainers (professional and student), coaches, law enforcement personnel, custodians, equipment managers, laundry workers and maintenance personnel.

It is recommended that each institution in conjunction with its medical staff insure compliance with respect to taking universal precautions to limit exposure to bloodborne pathogens through the development of comprehensive education programs and operating procedures for all individuals, employees and/or students, whose job responsibilities and/or activities are associated with athletics or athletic facilities and may place them at risk to exposure to bloodborne pathogens. Education programs should be comprehensive and include information about actions that place individuals at risk, the dangers associated with such risks, behaviors to minimize risks, procedures to follow when dealing with situations or materials that might be considered infectious or at-risk, and actions to follow if exposed to infectious materials (e.g. blood, other body fluids, equipment/facilities).